

MON	TUE	WED	THU	FRI
<p>Birthdays Mary 9/8 Mary Ellen 9/28</p>	<p>1 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>2</p>	<p>3 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>4 11:00 Virtual Bingo</p>
<p>7 Labor Day Center Closed</p>	<p>8 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>9</p>	<p>10 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>11 11:00 Virtual Bingo</p>
<p>14 11:00 Morning Chat and Open Hand Nutrition Class w/ Michelle</p>	<p>15 11:00 Covid Health Talk 11:15 Virtual Chair Exercise w/ Karen</p>	<p>16</p>	<p>17 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>18 11:00 Virtual Bingo</p>
<p>21 11:00 Morning Chat and Stress Management Talk w/ Kaiser Permanente</p>	<p>22 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>23</p>	<p>24 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>25 11:00 Virtual Bingo</p>
<p>28 11:00 Morning Chat and</p>	<p>29 11:00 LETS LAUGH! The Benefits of Laughter 11:15 Virtual Chair Exercise w/ Karen</p>	<p>30</p>		