





MON	TUE	WED	THU	FRI
2 11:00 Conference call A Daily Dose of Fitness	3 10:00 Wellness Phone call	4 10:00 Meal Deliveries & delivery of any handouts, crafts, etc. for week	5 11:00 Confernce call Bingo w/ New Horizons	6 11:00 conference call w/Staff Cooking and Learning with care
9 11:00 Conference call A Daily Dose of Fitness	10 10:00 Meal Deliveries & delivery of any handouts, crafts, etc. for week	11 CLOSED VETERANS DAY 	12 10:00 Wellness Phone call 11:00 Confernce call Bingo w/ New Horizons	13 11:00 Confernce call Bingo w/ New Horizons
16 11:00 Conference call A Daily Dose of Fitness	17 10:00 Wellness Phone call	18 10:00 Meal Deliveries & delivery of any handouts, crafts, etc. for week	19 11:00 Confernce call Bingo w/ New Horizons	20 11:00 conference call w/Staff Cooking and Learning with care
23 11:00 BINGO w/Kaiser 	24 10:00 Wellness Phone call	25 10:00 Meal Deliveries & delivery of any handouts, crafts, etc. for week	26 CLOSED THANKSGIVING 	27 CLOSED THANKSGIVING 
30 11:00 Conference call A Daily Dose of Fitness				