

MON	TUE	WED	THU	FRI
<p><b>Instructions for Teleconference</b>  <b>Dial: 978-990-5114 (IF using a land line,</b>  you will have to dial 1 first)  When the voice prompts you to</p>			<p><b>1</b>  10:00 Ed Talk:  <b>Zoom Elder Law</b>  with  Brannon Napier Elder Law</p>	<p><b>2</b>  10:00  Easter and Entertainment  Trivia  </p>
<p><b>5</b>  10 Teleconference:  Pop-Up Friends  11:00 Wellness Call</p>	<p><b>6</b>  9:00 Wellness Call  10:00 Chair Pilates  with Janice</p>	<p><b>7</b>  9:00 Phone Pals Friends of  JC Guild  10:00 <b>Zoom</b> Morning  Meditation with Chhaya  11:00 Home Delivered Meals</p>	<p><b>8</b>  10:00  Tips &amp; Tricks on Ways to Save  with Nelly</p>	<p><b>9</b>  10:00  Nutrition Talk  with Open Hand</p>
<p><b>12</b>  10 Teleconference:  Pop-Up Friends  11:00 Wellness Call</p>	<p><b>13</b>  9:00 Wellness Call  10:00 Chair Pilates  with Janice</p>	<p><b>14</b>  9:00 Phone Pals Friends of  Roswell  10:00 Morning Meditation  11:00 Home Delivered Meals</p>	<p><b>15</b>  10:00 Ed Talk:  Dental Care  with Dr. Nagar  <b>(Dentist )</b></p>	<p><b>16</b>  <b>11:30 Ed Talk:</b>  Fall Prevention  with Dr. Allison  <b>(Physical Therapist)</b></p>
<p><b>19</b>  10 Teleconference:  Pop-Up Friends  11:00 Wellness Call</p>	<p><b>20</b>  9:00 Wellness Call  10:00 Chair Pilates  with Janice</p>	<p><b>21</b>  9:00 Phone Pals Friends of  JC Guild  10:00 Morning Meditation  11:00 Home Delivered Meals</p>	<p><b>22</b> 10:00 Ed Talk:    <b>EARTH DAY</b></p>	<p><b>23</b>  10:00 Ed Talk:  Can You Hear Me?  with Dr. Miller  <b>(Audiologist)</b></p>
<p><b>26</b>  10 Teleconference:  Pop-Up Friends  11:00 Wellness Call</p>	<p><b>27</b>  9:00 Wellness Call  10:00 Chair Pilates  with Janice</p>	<p><b>28</b>  9:00 Phone Pals Friends of  JC Guild  10:00 Morning Meditation  11:00 Home Delivered Meals</p>	<p><b>29</b>  10:00 Site Council &amp;    <b>ASK AN ATTORNEY</b>  with Nelson Elder Care Law</p>	<p><b>30</b>    <b>11 O'CLOCK</b>  <b>2021 BINGO</b></p>