

MON	TUE	WED	THU	FRI
		1 Daily Dose of Fitness Arts and Craft Barnyard Antics	2 Daily Dose of Fitness Listening to Music Current Events	3 Virtual Programming
6 Closed Labor Day	7 Daily Dose of Fitness Movie Day Hidden Picture Relay	8 Daily Dose of Fitness Arts and Craft crafts, etc. for week Current Events	9 Daily Dose of Fitness Movie Day Hidden Picture Relay	10 Virtual Programming
13 Daily Dose of Fitness Memory Game Old Saying Senior Coloring	14 Daily Dose of Fitness What we have in common Hidden Picture Relay	15 Daily Dose of Fitness Memory Game Old Saying Senior Coloring	16 Daily Dose of Fitness What we have in common Hidden Picture Relay	17 Virtual Programming
20 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff	21 Daily Dose of Fitness Fun With Scarves What's on my plate	22 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff	23 Daily Dose of Fitness Fun With Scarves What's on my plate	24 Virtual Programming
27 Daily Dose of Fitness Colorful Weights Current Events	28 Daily Dose of Fitness Hand Care Bingo	29 Daily Dose of Fitness Colorful Weights Current Events	30 Daily Dose of Fitness Hand Care Bingo	