

MON	TUE	WED	THU	FRI
1 Daily Dose of Fitness Memory Game Old Saying Adult Coloring	2 Daily Dose of Fitness Arts and Craft Barnyard Antics	3 Daily Dose of Fitness Memory Game Old Saying Adult Coloring	4 Daily Dose of Fitness Listening to Music Current Events	5 Virtual Programming health talk with staff Should I change my Medicare Coverage AARP
8 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff Site Council Meeting	9 Daily Dose of Fitness Movie Day Hidden Picture Relay	10 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff Site Council Meeting	11 <i>Closed</i> <i>Veteran's Day</i>	12 Virtual Programming Conference call Bingo with Staff
15 Daily Dose of Fitness Colorful Weights Current Events	16 Daily Dose of Fitness What we have in common Hidden Picture Relay	17 Daily Dose of Fitness Colorful Weights Current Events	18 Daily Dose of Fitness What we have in common Hidden Picture Relay	19 Virtual Programming Project Open Hand
22 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff	23 Daily Dose of Fitness Fun With Scarves What on my plate	24 Daily Dose of Fitness If the Shoe Fits Health Talk with Staff	25 <i>Closed</i> <i>Happy Thanksgiving</i>	<i>Closed</i> <i>Happy Thanksgiving</i>
29 Daily Dose of Fitness Colorful Weights Current Events	30 Daily Dose of Fitness Hand Care Bingo	29 Daily Dose of Fitness Colorful Weights Current Events	30 Daily Dose of Fitness Hand Care Bingo	