

MON	TUE	WED	THU	FRI
<b>3</b> <b>CLOSED</b> <b>New Year's Day</b> <b>Holiday</b>	<b>4</b> Wellness Calls (Teleconference) Food Delivery	<b>5</b> Wellness Calls (Teleconference)	<b>6</b> 11:00 Morning Stretch Brain Games/Trivia (Teleconference)	<b>7</b> 11:00 Morning Stretch BINGO (Teleconference)
<b>10</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Adult Coloring 11:00 Word Race	<b>11</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Adult Coloring 11:00 Word Race	<b>12</b> 9:00 Morning Motivation 10:00 Short Story 10:30 Health Minute 11:00 Zumba	<b>13</b> 9:00 Morning Motivation 10:00 Chair Yoga 10:30 Health Minute 11:00 Short Story	<b>14</b> 11:00 POKENO (Teleconference)
<b>17</b> <b>CLOSED</b> <b>MLK Jr Day</b>	<b>18</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Trivia 11:00 Rebus	<b>19</b> 9:00 Morning Motivation 10:00 Mind Games 10:30 Name that Tune 11:00 Zumba	<b>20</b> 9:00 Morning Motivation 10:00 Chair Yoga 10:30 Nutrition 11:00 Mindgames	<b>21</b> 11:00 BINGO (Teleconference)
<b>24</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Mad Libs 11:00 Council Meeting	<b>25</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Mad Libs 11:00 Council Meeting	<b>26</b> 9:00 Morning Motivation 10:00 Psychoeducation 10:30 Name that Tune 11:00 Zumba	<b>27</b> 9:00 Morning Motivation 10:00 Chair Yoga 10:30 Psychoeducation 11:00 Name that Tune	<b>28</b> 11:00 POKENO (Teleconference)
<b>31</b> 9:00 Coffee and Chat 10:00 Chair Exercise 10:30 Trivia 11:00 Rebus				Dial– in Number: (978) 990—5287  Access Number: 8270134#