

MON	TUE	WED	THU	FRI
3 CENTER CLOSED Happy New Year	4 Wellness Calls	5 MEAL DELIVERY	6 Hidden Picture	7 10:30 Conference Call New Year's Trivia STRETCH & FLEX
10 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Word Games	11 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Word Games	12 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Trivia	13 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Trivia	14 10:30 Conference Call Health Talk STRETCH & FLEX
17 CENTER CLOSED Dr. King Day	18 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Hidden Picture	19 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Art & Crafts	20 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Art & Crafts	21 11:00 Conference Call NUTRITION STRETCH & FLEX
24 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Brain Games	25 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Brain Games	26 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Creative Writing	27 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Creative Writing	28 10:30 Conference Call STRETCH & FLEX BINGO
31 CHECK IN & CHAT STRETCH & FLEX Inspirational Vitamin Movie Day			Transportation Transdev 404-965-3085	