

MON	TUE	WED	THU	FRI
2 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 BP Check 11:00 Hangman 12:30 Afternoon Walk	3 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Family Feud 11:00 Adult Coloring 12:30 Dance Break	4 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Brain Games 11:00 Baseball 12:30 Dance Break	5 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Tea Party Aetna 12:30 Afternoon Walk	6 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Health Minute 10:30 Site Counsel 11:00 Table Games
9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Walk	10 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Word in A Word 11:00 Trivia 12:30 Dance Break	11 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 COA Watershed Scavenger Hunt 12:30 Dance Break	12 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Game Room 11:00 Arts & Crafts 12:30 Afternoon Walk	13 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:30 Living Well w/ Chronic Pain 12:30 Line Dancing
16 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 BP Check 11:00 Table Games 12:30 Afternoon Walk	17 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Family Feud 11:00 Arts & Crafts 12:30 Dance Break	18 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Brain Games 11:00 Jewelry Making 12:30 Dance Break	19 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Game Room 11:00 Creative Writing 12:30 Afternoon Walk	20 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Health Minute 11:00 Nutrition 12:30 Dance Break
23 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Walk	24 Election Day Virtual STRETCH & FLEX Inspirational Vitamin Word Games	25 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Art w/Karin Mervis High Museum 12:30 Dance Break	26 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Game Room 11: Word Games 12:30 Afternoon Walk	27 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Health Minute 11:00 BINGO 12:30 Line Dancing
30 MEMORIAL DAY CLOSED	31 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Movie Day 12:30 Dance Break			