

MON	TUE	WED	THU	FRI
		1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba 12:00 Lunch	2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Site Council 11:00 Hidden Pictures 12:00 Lunch	3 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 NAMI 11:00 POKENO 12:00 Lunch
6 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Food Talk 12:00 Lunch	7 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 11:00 Mad Libs 11:30 Brain Games 12:00 Lunch	8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 High Museum 11:00 Zumba 12:00 Lunch	9 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Oak Street Game Day 12:00 Lunch	10 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 Health is Wealth 11:00 BINGO 12:00 Lunch
13 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Food Talk 12:00 Lunch	14 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Aetna Mini Golf 12:00 Lunch	15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba 12:00 Lunch	16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Nutrition Father's Day Celebration 12:00 Lunch	17 9:00 Coffee and Chat 9:15 Move and Groove 10:30 Health is Wealth 11:00 POKENO 12:00 Lunch
20 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Food Talk 12:00 Lunch	21 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 11:00 Sonder Health 11:30 Brain Games 12:00 Lunch	22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba 12:00 Lunch	23 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00 Table Games 12:00 Lunch	24 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 Health is Wealth 11:00 BINGO 12:00 Lunch
27 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Food Talk 12:00 Lunch	28 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Safety Presentation 12:00 Lunch	29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 New Georgia Project 11:00 Zumba 12:00 Lunch	30 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Oak Street Game Day 12:00 Lunch	TransDev (404) 965-3085