

MON	TUE	WED	THU	FRI
<p>1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Word Search 11:00 Hidden Pictures 11:30 Trivia</p>	<p>2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Health is Wealth 11:00 POKENO</p>	<p>3 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba</p>	<p>4 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Ladder Ball 11:15 Table Games</p>	<p>5 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Golden Corral</p>
<p>8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Movie</p>	<p>9 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Health is Wealth 11:00 Wash Day BINGO</p>	<p>10 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba</p>	<p>11 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00 Gardening 11:30 Ice Cream Making</p>	<p>12 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Five Below/ Camp Creek</p>
<p>15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Wii Bowling 11:30 Jeopardy</p>	<p>16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Health is Wealth 11:00 POKENO</p>	<p>17 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba</p>	<p>18 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Nutrition 11:30 Mad Libs</p>	<p>19 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Kacey's Home Cooking</p>
<p>22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Mental Health Chat 11:30 Brain Games</p>	<p>23 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Site Council 11:00 BINGO</p>	<p>24 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba</p>	<p>25 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00 Table Games</p>	<p>26 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Kroger/ Dollar Tree</p>
<p>29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Volleyball 11:30 Adult Coloring</p>	<p>30 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Class 10:30 Health is Wealth 11:00 POKENO</p>	<p>31 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Arts and Crafts 11:00 Zumba</p>	<p>Lunch Daily 12noon</p>	<p>TransDev (404) 965-3085</p>