

MON	TUE	WED	THU	FRI
1 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Tunes	2 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Technology Class 11:00 Adult Coloring 12:30 Sewing	3 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Word In A Word 11:00 Pictionary 12:30 Afternoon Walk	4 9:00 Coffee & Chat 9:15 Happy Hour 10:00 Hangman 11:00 Move & Groove 12:30 Trivia	5 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Popcorn & Movie 12:30 Health Minute
8 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Tunes	9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Technology Class 11:00 Adult Coloring 12:30 Gardening	10 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 COA Watershed Updates 11:30 Nutrition	11 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Pharmacist Price 11:30 Charades 12:30 Dance Break	12 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 The Price Is Right 12:30 Health Minute Arbor Place Mall
15 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Tunes	16 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Technology Class 11:00 Adult Coloring 12:30 Sewing	17 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Jewelry Making 11:00 Hangman Fried Tomato Buffet	18 9:00 Coffee & Chat 9:15 Happy Hour 10:00 Creative Writing 11:00 Move & Groove 12:30 Trivia Vegetable Truck	19 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 BINGO 12:30 Health Minute
22 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Tunes	23 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Yoga 10:00 Technology Class 11:00 Adult Coloring 12:30 Gardening	24 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Creative Writing 11:00 Charades 12:30 Afternoon Walk	25 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Family Feud 11:00 Arts & Crafts Southern Bell Farm	26 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Table Games Game Room 12:30 Health Minute
29 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Current Events 11:00 Brain Games 12:30 Afternoon Tunes	30 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex 10:00 Technology Class 11:00 Adult Coloring 12:30 Sewing	31 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Popcorn & Movie 12:30 Afternoon Walk		