

MON	TUE	WED	THU	FRI
1 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Corchet Class 9:30 Art w/High Museum 12:00 Lunch	2 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 9:30 Hidden Pics 10:00 Family Feud 12:00 Lunch	3 9:00 Inspirational Vitamin 9:30 Chair Excrise with Regina 10:00 Retro Games w/NCL 10:30 Sewing Class 12:00 Lunch	4 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00Golden Growers 12:00 Lunch	5 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Intl Farmer Market Field Trip
8 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00Site council Meeting 12:00 Lunch	9 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 9:30 Hidden Pics 10:00 Tueday BINGO 12:00 Lunch	10 9:00 Inspirational Vitamin 9:30 Chair Excrise with Regina 10:30 Sewing Class 11:00 Art and Craft W/ staff 11:30 In House Birthday celebration 12:00 Lunch	11 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00Golden Growers 10:30 Open Hand 11:00 Music Therpy 12:00 Lunch	12 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Fried Green Tomatoes Kennesaw' Field Trip
15 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Corchet Class 10:00 Jewelry Class 12:00 Lunch	16 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 9:30 High Museum Art Class 12:00 Lunch	17 9:00 Inspirational Vitamin 9:30 Chair Excrise with Regina 10:30 Sewing Class 11:00 Chronic Pain Workshop 12:00 Lunch	18 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 10:00Golden Growers 12:00 Lunch	19 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 10:00 Fayetteville Plaza Field Trip
22 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Corchet Class 11:00 Early Bird BINGO 12:00 Lunch	23 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 9:30 Hidden Pics 10:00 Price is Right 12:00 Lunch	24 9:00 Inspirational Vitimain 9:30 Chair Excrise with Regina 10:30 Sewing Class 11:00 Chronic Pain Workshop	25 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 10:00Golden Growers 12:00 Lunch	26 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 10:00 Golden Corral Cobb Parkway Field Trip
29 9:00 Inspirational Vitimain 9:30 Daily Dose of Fitness 10:00 Corchet Class 10:00 Jewelry Class 12:00 Lunch	30 9:00 Daily Dose of Fitness 9:30 High Museum Art Class 12:00 Lunch	31 9:00 Inspirational Vitimain 9:30 Chair Excrise with Regina 10:30 Sewing Class 12:00 Lunch		