

MON	TUE	WED	THU	FRI
Hispanic Heritage Month German Heritage Month Self Improvement Month Service Dog Month Honey Month Football Month	Senior Center Month Skin Care Awareness Month Healthy Aging Month World Alzheimer's Month Intergeneration Month Fashion Show Month		1 9:00: Check-in, Coffee & The Daily Chronicle 9:30 Senior Safety Chat w/Fulton County Police Dept 11:00 Bingo Hour 12:00 Birthday Party Lunch	2 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Group Outing- The Teaching Museum North 11:30 Health Minute
5 Labor Day SENIOR CENTER CLOSED	6 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Chair Yoga w/Kim 11:00 Inspirations	7 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Senior Strength 10:30 TableTop Games Stations of Engagement 11:30 Health Minute	8 9:00 Check-in, Coffee & The Daily Chronicle 9:15 Walking Club w/Chris 10:00 TableTop Games 11:00 Bingo Hour	9 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Group Outing- Scenic Drive and Picnic Lunch at Lake Lanier
12 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Move & Groove Class 10:30 Table Top Games 11:30 Health Minute	13 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Jeopardy Trivia 10:00 Chair Yoga w/Kim 11:00 Inspirations	14 9:00 Check-in and Coffee The Daily Chronicle 9:30 TableTop Games 10:30 Bees, Honey & Hives Presentation w/Bob 11:30 Playing With Words	15 9:00 Check-in, Coffee & The Daily Chronicle 9:15 Walking Club w/Chris 10:00 Medicare Check-up w/Georgia Cares 11:00 Bingo Hour	16 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Movie Matinee- TBD
19 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:30 Health Minute 11:00 Tai Chi w/Grace	20 9:00 Check-in and Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Chair Yoga w/Kim 11:00 Inspirations	21 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games Stations of Engagement 10:30 Senior Stretch 11:00 Nutrician-OpenHand	22 9:00 Check-in, Coffee & The Daily Chronicle 9:15 Walking Club w/Chris 10:00 Blood Pressure Check w/ Rhonda Allenson 11:00 Bingo Hour	23 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Group Outing-the Milton Public Library 11:30 Health Minute
26 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Move & Groove Class 10:30 Table Top Games 11:30 Trivia/Finish Lines	27 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Words in a Word Game 10:00 Chair Yoga w/Kim 11:00 Inspirations	28 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Health Minute 10:00 TableTop Games Stations of Engagement	29 9:00 Check-in, Coffee & The Daily Chronicle 9:15 Walking Club w/Chris 10:00 TableTop Games 11:00 Bingo Hour	30 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Group Outing- Shopping at Aldi

11:30 Health Minute

11:30 Beanie Putt Game