

MON	TUE	WED	THU	FRI
TransDev (404) 965-3085	Lunch Daily 12noon		1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Ladder Ball 11:15 Table Games	2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Sock Shoppe/ Gritz
5 CLOSED Labor Day Holiday	6 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Matter of Balance & Exercise Class	7 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Short Story 10:45 Arts and Crafts 11:15 Zumba	8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00 BINGO	9 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Walmart/ Dollar Tree
12 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Wii Bowling 11:30 Falls Prevention Jeopardy	13 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Matter of Balance & Exercise Class	14 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Memory Screening 10:45 Arts and Crafts 11:15 Zumba	15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Nutrition 11:00 POKENO	16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Jim and Nicks/ Sprouts
19 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Stretch and Flex 10:30 Mental Health Chat 11:30 Brain Games	20 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Matter of Balance & Exercise Class	21 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Site Council 10:45 Arts and Crafts 11:15 Zumba	22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00 BINGO	23 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 TRIP DAY Kroger/ Ross
26 Direct Drop New Horizon Fall Festival	27 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Matter of Balance & Exercise Class	28 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Short Story 10:45 Arts and Crafts 11:15 Zumba	29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Good Neighbor Day 11:00 POKENO	30 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 Auburn Curb Market 11:00 Movie