

MON	TUE	WED	THU	FRI
	1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Matter of Balance & Exercise Class	2 Virtual 11:00 Zumba	3 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Site Council 11:00 POKENO	4 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 Site Council 11:00 POKENO
7 Virtual Adult Coloring Word Search Hidden Pictures	8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 High Museum	9 Virtual 11:00 Zumba	10 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Move and Groove 11:00	11 CLOSED VETERANS DAY
14 Virtual Adult Coloring Word Search Hidden Pictures	15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 High Museum	16 Virtual 11:00 Zumba	17 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Walking Club 10:30 Thanksgiving Celebration	18 Virtual 11:00 BINGO Wellness Calls Meal Delivery
21 Virtual Adult Coloring Word Search Hidden Pictures	22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 High Museum	23 Virtual 11:00 Zumba	24 CLOSED THANKSGIVING	25 CLOSED DAY AFTER THANKSGIVING
28 Virtual Adult Coloring Word Search Hidden Pictures	29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Chair Yoga 10:30 High Museum	30 Virtual 11:00 Zumba	Lunch Daily 12noon	TransDev (404) 965-3085