

MON	TUE	WED	THU	FRI
	1 Virtual Stretch & Flex Trivia	2 9:00 Coffee & Chat 9:15 Happy Hour 10:00 Zumba 10:30 Medicare Update w/Anthem BCBS 12:30 Dance Break	3 Virtual Stretch & Flex Word Scrambler	4 Virtual Stretch & Flex Health Minute
7 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Digital Literacy 12:00 BP & Health Talk Chi Eta Phi Sorority	8 Virtual Stretch & Flex Brain Games	9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 COA Watershed 11:30 Nutrition 12:30 Afternoon Tunes	10 Virtual Stretch & Flex Creative Writing	11 CENTER CLOSED VETERAN'S DAY
14 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Digital Literacy Workshop 12:30 Afternoon Tunes	15 Virtual Stretch & Flex Hidden Picture	16 9:00 Coffee & Chat 9:15 Happy Hour 10:00 Zumba 10:30 Arts & Crafts 11:30 Health Talk 12:30 Afternoon Tunes	17 Virtual Stretch & Flex Brain Games	18 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Membership Meeting 11:00 Family Feud 11:30 Zumba 12:30 Afternoon Tunes
21 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Digital Literacy Workshop 12:30 Dance Break	22 Virtual Stretch & Flex Word Games	23 9:00 Coffee & Chat 9:15 Happy Hour THANKSGIVING LUNCH GROVE PARK FOUNDATION	24 CENTER CLOSED THANKSGIVING	25 CENTER CLOSED THANKSGIVING
28 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Digital Literacy Workshop 12:30 Afternoon Tunes	29 Virtual Stretch & Flex Adult Coloring	30 9:00 Coffee & Chat 9:15 Happy Hour 10:00 Zumba 10:30 Bingo w/Aetna 12:30 Afternoon Tunes	Transportation Transdev 404-965-3085	Coference Call #701-802-5191 Code 2449071