

MON	TUE	WED	THU	FRI
<p>Birthdays</p> <p>Jili 11/15 Suzie 11/22 Karen M 11/25</p>	<p>1 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Stretch Class 10:00 Word Games 11:00 Trivia Challenge 12:00 Lunch Served</p>	<p>2 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served</p>	<p>3 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Music and Rhythm 11:00 Armchair Travel 12:00 Lunch Served</p>	<p>4 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:00 Charades 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>7 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Chair Yoga 10:00 Medicare Presentation 11:00 Bingo 12:00 Lunch Served</p>	<p>8 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Stretch Class 10:00 Improve your memory 11:00 Health Talk 12:00 Lunch Served</p>	<p>9 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served</p>	<p>10 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Music and Rhythm 11:00 Picture Share 12:00 Lunch Served</p>	<p>11</p> <p>CLOSED</p> <p>VETERANS DAY</p>
<p>14 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Chair Yoga 10:00 Nutrition class 11:00 Bingo 12:00 Lunch Served</p>	<p>15 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Stretch Class 10:00 What's that song? 11:00 Tech Talk 12:00 Lunch Served</p>	<p>16 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served</p>	<p>17 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Music and Rhythm 11:00 Love to Laugh! 12:00 Lunch Served</p>	<p>18 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>21 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Chair Yoga 10:00 Therapist Stacy Ekmark 11:00 Bingo w/N. Point Church 12:00 Lunch/Birthday Party</p>	<p>22 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Stretch Class 10:00 "Food for thought" 11:00 Holiday memory share 12:00 Lunch Served</p>	<p>23 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served</p>	<p>24</p> <p>CLOSED</p> <p>HAPPY THANKSGIVING!</p>	<p>25</p> <p>CLOSED</p>
<p>28 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Chair Yoga 10:00 Site Council 11:00 Bingo 12:00 Lunch Served</p>	<p>29 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>9:15 Stretch Class 10:00 Improve your memory 11:00 Laught out Loud 12:00 Lunch Served</p>	<p>30 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram...</p> <p>8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served</p>	<p>Milton Fire Department comes in once a week for blood pressure checks, questions and answers and conversation</p>	