

MON	TUE	WED	THU	FRI
2 CENTER CLOSED Happy New Year	3 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Brain Games 11:00 Hangman 12:30 Dance Break	4 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Nails by Elaine 11:00 Trivia 12:30 Health Minute	5 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Music Therapy 12:30 Afternoon Tunes	6 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Art & Crafts 12:30 Dance Break
9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Sewing 11:00 Adult Coloring 12:30 Afternoon Tunes	10 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga WALMART	11 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 COA Watershed 11:30 Nutrition 12:30 Health Minute	12 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Brain Games 11:00 Baseball 12:30 Afternoon Tunes	13 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Membership Meeting 11:00 Name that Tune 12:30 Dance Break
16 CENTER CLOSED King Day	17 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Table Games 11:00 Charades 12:30 Dance Break	18 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Nails by Elaine 11:00 Creative Writing 12:30 Health Minute	19 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Music Therapy 12:30 Afternoon Tunes	20 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Bingo 12:30 Dance Break
23 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Sewing 11:00 Adult Coloring 12:30 Afternoon Tunes	24 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Brain Games 11:00 Pictionary 12:30 Dance Break	25 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Nails by Elaine 11:00 Family Feud 12:30 Health Minute	26 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga BAY BREEZE	27 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Art & Crafts 12:30 Dance Break
30 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Word Games 11:00 Adult Coloring 12:30 Health Minute	31 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Movie Day 12:30 Dance Break			Transportation Transdev 404-965-3085