

MON	TUE	WED	THU	FRI
<p>Birthdays</p> <p>Carol 12/15</p>	<p>MILTON CARES comes in once a week for blood pressure checks, questions and answers and conversation</p>	<p>HAPPY HOLIDAYS!</p>	<p>1 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Holiday Craft 11:00 Song and Dance 12:00 Lunch Served</p>	<p>2 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Trivia 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>5 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Laugh Out Loud 10:00 Chair Exercise 11:00 Brain Games 12:00 Lunch Served</p>	<p>6 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Word Games 11:00 Bingo 12:00 Lunch Served</p>	<p>7 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 8-12 Open Art Studio 11:00 Music and Rhythm 12:00 Lunch Served</p>	<p>8 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Stretch class 10:00 Movie time w/ Popcorn and soda 12:00 Lunch Served</p>	<p>9 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Charades 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>12 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Tech Time 10:00 Chair Exercise 11:00 Nutrition class 12:00 Lunch Served</p>	<p>13 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Holiday Party w/ Music, Entertainment and Holiday Luncheon</p>	<p>14 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 8-12 Open Art Studio 11:00 Music and Rhythm 12:00 Lunch Served</p>	<p>15 8:00 Coffee, Tea & Chat 9:00 Inspirations 9:30 Corn Hole 10:00 Site Council 10:30 Group trip to Cracker Barrel</p>	<p>16 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>19 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:30 BP Checks w/ MFD 10:00 Chair Exercise 11:00 Trivia 12:00 Lunch Served</p>	<p>20 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Health Presentation 11:00 Bingo w/ NP Church 12:00 Lunch Served</p>	<p>21 8-12:00 Coffee/Chat/Cards 9:00 SNAP Presentation 9:15 Knitting Group 8-12 Open Art Studio 11:00 Music and Rhythm 12:00 Lunch Served</p>	<p>22 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 9:30 Group Trip to Walmart, Dollar Tree & Dairy Queen</p>	<p>23 Happy Holidays! Center Closed</p>
<p>26 Happy Holidays! Center Closed</p>	<p>27 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Photo Share 11:00 Bingo 12:00 Lunch Served</p>	<p>28 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 8-12 Open Art Studio 11:00 Music and Rhythm 12:00 Lunch Served</p>	<p>29 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Dance Exercise 11:00 New Years Eve Party and Celebration</p>	<p>30 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Trivia Challenge 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>