

MON	TUE	WED	THU	FRI
2 CENTER CLOSED Happy New Year	3 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Adult Coloring 11:00 Table Games 12:15 Current Events	4 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Hidden Picture 11:00 Arts & Crafts 12:15 Afternoon Tunes	5 9:00 Inspirational Vitamin 10:00 Golden Growers 11:00 Crochet Class 12:15 ZUMBA	6 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Table Games 11:00 Pokeno 12:15 Health Minute
9 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Crochet Class 11:00 Word Games 12:15 Afternoon Tunes	10 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Site Council Meeting 11:00 Trivia 12:15 Current Events	11 9:00 Inspirational Vitamin 9:30 Stretch & Flex ARBOR PLACE MALL	12 9:00 Inspirational Vitamin 10:00 Golden Growers 10:00 Nutrition 10:30 Music Therapy 12:15 ZUMBA	13 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Family Feud 11:00 Table Games 12:15 Health Minute
16 CENTER CLOSED King Day	17 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Table Games 11:00 Hidden Picture 12:15 Current Events	18 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Hidden Picture 11:00 Arts & Crafts 12:15 Health Minute	19 9:00 Inspirational Vitamin 10:00 Golden Growers 11:00 Crochet Class 12:15 ZUMBA	20 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Sonder Healthcare Bingo 12:15 Afternoon Tunes
23 9:00 Inspirational Vitamin 9:15 Daily Dose of Fitness 10:00 Crochet Class 11:00 Charades 12:15 Afternoon Tunes	24 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Hangman 11:00 Brain Games 12:15 Current Events	25 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Trivia 11:00 Adult Coloring 12:15 Health Minute	26 9:00 Inspirational Vitamin 10:00 Golden Growers 10:30 Music Therapy 12:15 ZUMBA	27 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness RED LOBSTER
30 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Crochet Class 11:00 Pictionary 12:15 Afternoon Tunes	31 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Popcorn & Movie 12:15 Health Minute			