

MON	TUE	WED	THU	FRI
2 HAPPY NEW YEAR CLOSED	3 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Word Games 11:00 Bingo 12:00 Lunch Served	4 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served	5 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:30 Group trip to	6 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Trivia 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served
9 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Laugh Out Loud 10:00 Chair Exercise 11:00 Brain Games 12:00 Lunch Served	10 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Nutrition Class 11:00 Bingo 12:00 Lunch Served	11 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served	12 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Stretch class 10:30 Group trip to	13 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Charades 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served
16 Martin Luther King III Day CENTER CLOSED	17 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:30 Medicare presentation & Bingo w/ Senior Patrol 12:00 Lunch/Birthday Party	18 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served	19 8:00 Coffee, Tea & Chat 9:00 Inspirations 9:30 Corn Hole 10:00 Site Council 10:30 Group trip to	20 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served
23 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:30 BP Checks w/ MFD 10:00 Chair Exercise 11:00 Trivia 12:00 Lunch Served	24 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Photo Share 11:00 Bingo 12:00 Lunch Served	25 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 8-12 Open Art Studio 9:15 Knitting Group 10:30 Tai Chi 12:00 Lunch Served	26 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:00 Health minute 10:30 Group trip to	27 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served
30 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:30 BP Checks w/ MFD 10:00 Chair Exercise 11:00 Trivia 12:00 Lunch Served	31 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Photo Share 11:00 Bingo 12:00 Lunch Served		MILTON CARES comes in once a week for blood pressure checks, questions and answers and conversation	Birthdays Charlie 1/13 Carolyn 1/13 Priscilla 1/26 Karen 1/26 Peggy 1/31