

MON	TUE	WED	THU	FRI
				1 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Lets Make a Deal 11:00 Table Game/Card Game Afternoon Tune
4 Holiday Center Close	5 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness Group Trip Walmart Fayetteville	6 9:00 Inspirational Vitamin 10:00 Zumba 10:30 Pokeno 12:15 Word Game	7 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Lets Make a Deal 11:00 ABC Word Game 12:30 Trivia	8 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:30 Bingo by Anthem Health 12:15 Health Minute
11 9:00 Inspirational Vitamin 9:15 Daily Dose of Fitness Sewing/Painting/Jewellery 10:30 National Alliance Of Mental Health Discussion with Aisha 12:15 Site Council Meeting	12 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Group Trip Town Center Mall	13 9:00 Inspirational Vitamin 10:30 Zumba 10:30 Hangman 11:00 Bingo by Wellcare(Joan) 12:15 Health Minute	14 9:00 Inspirational Vitamin 10:00 Daily Does of Fitness 10:00 Nutrition 10:30 Sip and Paint Oak Street Health 12:15 Cherades	15 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:30 Senior Day Banquet & Fall prevention discussion With Deputy Harris Afternoon Tune
18 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Sewing/Painting/Jewellery 11:00 Hangman 12:15 Health Minute	19 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Word Puzzle 10:00 Sip and Paint 12:15 Current event	20 9:00 Inspirational Vitamin 10:00 Zumba 10:30 West Side Future Fund Game and Prizes 12:15 Jazz & Blues Music	21 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Table Games 11:00 Arts & Craft/Book Reading Washington Park Library 12:15 Jazz amd Blues Music	22 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Group Trip North Georgia State Fair
25 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Sewing/Painting/Jewellery 11:00 Bingo Oak Street Health 12:15 Brain Game	26 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Movie Day 12:15 Musical Chairs	30 9:00 Inspirational Vitamin 10:00 Zumba 10:30 Art & Craft 12:15 All Together Sing	28 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Group Trip Magnolia Room Cafeteria	29 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Hangman 10:30 Bingo Fun and Prizes Aetna 12:15 Brain Game

12:00 Lunch Served Daily