

MON	TUE	WED	THU	FRI
Stations of Engagement Arts & Crafts Physical Games Educational Videos Games & Puzzles Cooking Activities	November Birthdays Katie B 11/09 David H 11/21 Nirmal R 11/25	1 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 "Senior Scams" w/Cathy Senior Provisions 11:00 Senior Stretch	2 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 Chair Yoga w/Susan 11:00 Bingo Hour w/Patricia	3 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:30 Lunch Outing Carrabba's Italian Grill
6 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:30 Puerto Rico Statehood 11:00 Tai Chi w/Grace	7 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Walking Club w/Chris 10:30 Table Top Games 11:30 Playing with Words Lung Cancer/COPD Awareness	8 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 My Watch-Alpharetta Fire Safety & Mental Wellness" 12:00 Dairy Queen Treat Trip	9 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 Chair Dancing 10:00 Blood Pressure Checks 11:00 Bingo w/Rice Financial	10 VETERANS DAY OBSERVED CENTER CLOSED
13 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Move & Groove 10:30 Table Top Games 11:00 Mooove over Milkmaids 11:30 Special Day Review	14 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Walking Club w/Chris 10:30 "Colon Cancer" Chat w/Legacy Healthcare 11:30 Crossword Puzzle Fun	15 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:30 Gratitude is Attitude 11:00 Crabapple Thanksgiving Social & Luncheon	16 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 Chair Yoga w/Susan 11:00 Bingo Hour	17 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Noodle Ball 10:30 Shopping Trip to Aldi
20 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:30 Stately Knowledge Day 11:00 Tai Chi w/Grace	21 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Walking Club w/Chris 10:30 TableTop Games 11:30 TV Through the Years	22 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:30 Senior Stretch 11:30 Thanksgiving Words in a Word Puzzle	23 HAPPY THANKSGIVING CENTER CLOSED	24 CENTER CLOSED
27 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Move & Groove 10:30 Table Top Games 11:30 Would you Rather... Warning Signs of Dementia	28 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Walking Club w/Chris 10:30 Christmas Preview Trip to Scottsdale Farm	29 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 "Safety in the Home" w/ Dawna-Right at Home 11:00 World Wide Web Q & A	30 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 Chair Yoga 11:00 Bingo Hour	Health Minutes Lung Cancer/COPD Mental Health Care Blood Pressure Checks Colon Cancer Warning Signs of Dementia