

MON	TUE	WED	THU	FRI
		1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Gratefulness Calendar 11:00 Zumba	2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Movie/table games	3 9:00 Coffee and Chat 9:30 Morning Motivation TRIP Golden Corral
6 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Investigator Harris 11:00 Exercise 11:30 Message of Gratitude	7 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo/Pokeno 11:30 Health Chat	8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Veteran's Day 11:00 Zumba	9 TRIP Walmart/Dollar Tree (Austell)	10 CENTER CLOSED in honor of Veteran's Day
13 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Board games wellness 11:00 Health Chat	14 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Kelli with Kaiser P. 11:00 Exercise	15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Site Council Meeting 11:00 Zumba	16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Nutrition Thanksgiving Lunch	17 TRIP Cumberland Mall/ Bowling
20 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Mental Health NAMH	21 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Word Search 11:00 Watershed	22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Favorite Songs 11:00 Zumba	23 CENTER CLOSED Happy Thanksgiving!	24 CENTER CLOSED Thanksgiving Weekend
27 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Health Bingo, Ja'Len 11:00 Exercise	28 TRIP The Sock Factory Wendy's/Popeye's	29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Gratefulness Calendar 11:00 Zumba	30 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo/Pokeno	Transportation Transdev 404-965-3085

12:00 Lunch Served Daily