

MON	TUE	WED	THU	FRI
		1 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Word Games 11:00 Trivia 12:30 Health Minute	2 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Art & Crafts 11:00 Adult Coloring 12:30 Afternoon Tunes	3 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Stone Crest Mall Black Wall Street
6 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics WALMART	7 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:00 Creative Writing 11:00 Sewing 12:30 Afternoon Walk	8 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Family Fued 11:00 Name that Tune 12:30 Health Minute	9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:00 Membership Meeting 11:00 Oak Street Health 12:30 Afternoon Tunes	10 Center Closed Happy Veterans Day
13 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Brain Games 11:00 Aetna/ Picture Day 12:30 Dance Break	14 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Baseball 11:00 Charades 12:30 Dance Break	15 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 COA Watershed 11:30 Nutrition 12:30 Health Minute	16 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Magnolia Room	17 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Bingo 12:30 Dance Break
20 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Table Games 11:00 Thanksgiving Luncheon 12:30 Line Dancing	21 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Activity Package 11:00 Pictionary 12:30 Dance Break	22 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Lankford Insurance 11:00 Family Feud 12:30 Health Minute	23 Center Closed Happy Thanksgiving	24 Center Closed Happy Thanksgiving
27 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Word Games 11:00 Adult Coloring 12:30 Health Minute	28 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga Cumberland Mall	29 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Holiday Kickoff w/ Clark Atlanta	30 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 High Museum 12:30 Dance Break	Transportation Transdev 404-965-3085

12:00 Lunch Served Daily