

MON	TUE	WED	THU	FRI
<b>BIRTHDAYS</b>  Karen M 11/25	<b>MILTON CARES</b> <b>comes in once a week</b> <b>for blood pressure</b> <b>checks, questions and</b> <b>answers and conversation</b>	<b>1 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Knitting Group <b>10:30</b> Tai Chi <b>11:00</b> Art Class <b>12:00</b> Lunch Served	<b>2 8:00</b> Coffee, Tea & Chat <b>8:00-10:00</b> Table Games <b>9:00</b> Inspirations <b>10:00</b> Health Talk <b>10:30</b> Group trip to Popeyes	<b>3 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:00</b> Improve Your Memory <b>10:00</b> Exercise Class <b>11:00</b> Bingo <b>12:00</b> Lunch Served
<b>6 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>10:00</b> Nutrition Class <b>11:00</b> Senior Stretch <b>w/ Emery Fit</b> <b>12:00</b> Lunch Served	<b>7 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Chair Yoga <b>10:00</b> Presentation w/ <b>Ga. Hospice Care</b> <b>11:00</b> Bingo	<b>8 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Knitting Group <b>10:30</b> Tai Chi <b>11:00</b> Art Class <b>12:00</b> Lunch Served	<b>9 8:00</b> Coffee, Tea & Chat <b>8:00-10:00</b> Table Games <b>9:00</b> Inspirations <b>9:30</b> Group trip to Walmart, Dollar Tree Dairy Queen	<b>10</b>  <b>Closed</b> <b>Veterans Day</b>
<b>13 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>10:00</b> Brain Teasers <b>11:00</b> Senior Stretch <b>w/ Emery Fit</b> <b>12:00</b> Lunch Served	<b>14 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Chair Yoga <b>10:00</b> Games <b>11:00</b> Bingo <b>12:00</b> Lunch Served	<b>15 8-12:00</b> Coffee/Chat/Cards <b>11:</b> Rummikub/Bananagram... <b>9:15</b> Knitting Group <b>10:30</b> Tai Chi <b>11:00</b> Art Class <b>12:00</b> Lunch Served	<b>16 8:00</b> Coffee, Tea & Chat <b>9:00</b> Inspirations <b>10:00</b> Site Council <b>10:30</b> Group trip to First Watch	<b>17 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:00</b> Improve your Memory <b>10:00</b> Exercise Class <b>11:00</b> Bingo <b>12:00</b> Lunch Served
<b>20 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>10:00</b> Brain Teasers <b>11:00</b> Senior Stretch <b>w/ Emery Fit</b> <b>12:00</b> Lunch Served	<b>21 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>10:00</b> Holiday Fun w/ YMSL <b>11:00</b> Bingo sponsored by North Point Church <b>12:00</b> Thanksgiving Luncheon	<b>22 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Knitting Group <b>10:30</b> Tai Chi <b>11:00</b> Art Class <b>12:00</b> Lunch Served	<b>23</b>  <b>Happy</b> <b>Thanksgiving!</b>  <b>Center Closed</b>	<b>24</b>  <b>Center Closed</b>
<b>27 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>10:00</b> Brain Teasers <b>11:00</b> Senior Stretch <b>w/ Emery Fit</b>	<b>28 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Chair Yoga <b>10:00</b> Fun and Games <b>11:00</b> Bingo	<b>29 8-12:00</b> Coffee/Chat/Cards Rummikub/Bananagram... <b>9:15</b> Knitting Group <b>10:30</b> Tai Chi <b>11:00</b> Art Class	<b>30 8:00</b> Coffee, Tea & Chat <b>9:00</b> Inspirations <b>10:00</b> Site Council <b>10:30</b> Group trip to O' Charleys	

**12:00** Lunch Served

**12:00** Lunch Served

**12:00** Lunch Served