

MON	TUE	WED	THU	FRI
		1 9:00 Inspirational Vitamin 10:00 Zumba 10:30 ABC Word Game 11:00 Pokeno 12:15 Afternoon Tune	2 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:30 Adult Coloring 11:00 Table Games 12:15 Health Minute	3 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness Group Trip Little Giant Farmers Market & Papeyes
6 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Sewing/Painting/Jewellery 11:00 Senior Water Therapy Atlanta Watershed 12:15 Health Minute	7 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness Group Trip Ross Dress For Less & Chick-Fil-A	8 9:00 Inspirational Vitamin 10:00 Zumba 10:30 Bingo Axxess Benefit Consultants(Drew) 12:15:00 PM Current Events	9 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Nutrition 10:30 Medicare Discussion and Refreshmant by Sonder Health 12:30 Trivia	10 Veterans Day Observed Center Closed
13 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Discussion Georgia Center of the Deaf & Hard Hearing 10:30 Sewing/Painting/Jewellery 12:15 Site Council Meeting	14 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Table Game 10:30 New Horizon Senior Senior's Thanksgiving Dinner 12:15 Old Hits Music	15 9:00 Inspirational Vitamin 10:30 Zumba 10:30 Hangman 11:00 Name the Tune Bingo By Wellcare(Joan) 12:15 Health Minute	16 9:00 Inspirational Vitamin 10:00 Daily Does of Fitness Group Trip Walmart Ellenwood&Wendy's	17 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Family Fued 10:30 Board Games & Prizes Oak Street Health 12:15 Brain Game
20 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Sewing/Painting/Jewellery 12:15 Health Minute	21 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Word Puzzle 10:30 Picture Day Aetna 12:15 Current event	22 9:00 Inspirational Vitamin 10:00 Zumba 10:30 West Side Future Fund Game and Prizes 12:15 Jazz & Blues Music	23 Thanksgiving Day Observed Center Closed	24 Thanksgiving Day Observed Center Closed
27 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Art&Craft High Museum 12:15 Brain Game	28 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness Group Trip Pappasito's Cantina	29 9:00 Inspirational Vitamin 10:00 Zumba 10:30 Bingo Anthen Health 12:15 Brain Game	30 9:00 Inspirational Vitamin 9:30 Daily Dose of Fitness 10:00 Movie and Snack 12:15 ABC Work Game	

12:00 Lunch Served Daily