

MON	TUE	WED	THU	FRI
<p>Transportation</p> <p>Transdev 404-965-3085</p>	<p>12:00 Lunch Served Daily</p>		<p>1 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Creative Writing 11:00 Brain Games 12:30 Afternoon Tunes</p>	<p>2 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Baseball 11:00 Activity Package 12:30 Health Minute</p>
<p>5 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Walmart</p>	<p>6 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:30 Peer Support 12:30 Afternoon Walk Club</p>	<p>7 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:30 COA Watershed 11:30 Arts & Crafts 12:30 Health Minute</p>	<p>8 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Family Fued 11:00 Treats &Swag Oakstreet 12:30 Dance Break</p>	<p>9 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Trivia 11:00 Table Games 12:30 Dance Break</p>
<p>12 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00Membership Meeting 11:00 Lankford Insurance 12:30 Afternoon Tunes</p>	<p>13 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Peer Support 12:30 Dance Break</p>	<p>14 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba Valentine's Wine Down 12:30 Health Minute</p>	<p>15 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga The Village at Mableton</p>	<p>16 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Hangman 11:00 Magic Show 12:30 Afternoon Tunes</p>
<p>19 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Nails by: Elaine 11:00 Morehouse school of Medicine 12:30 Afternoon Walk Club</p>	<p>20 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Peer Support 12:30 Afternoon Tunes</p>	<p>21 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Arts & Crafts 11:30 Nutrition 12:30 Health Minute</p>	<p>22 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:00 Arts & Crafts 11:00 Crochet w/Mary 12:30 Afternoon Walk Club</p>	<p>23 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Golden Corral</p>
<p>26 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Nails by: Elaine 11:00 Black History Program 12:30 Afternoon Tunes</p>	<p>27 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics The Carter Center</p>	<p>28 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:30 Peer Support 12:30 Current Events</p>	<p>29 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Movie Day 12:30 Dance Break</p>	

LUNCH SERVED DAILY