

MON	TUE	WED	THU	FRI
<p><b>TRANSPORTATION</b></p> <p><b>Transdev</b> <b>404-965-3085</b></p>	<p>5th and 19th: Mobile Fresh (presentation on the 19th)</p>			<p><b>1</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Movie</p>
<p><b>4</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Rebus Puzzles <b>10:30 Zumba</b> 11:00 Trivia/Family Feud</p>	<p><b>5</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Mental Health Chat</p>	<p><b>6</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Rebus Puzzles <b>11:00 Zumba</b></p>	<p><b>7</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 High Museum of Art <b>11:30 Exercise</b></p>	<p><b>8</b></p> <p><b>TRIP</b> <b>Walmart/Dollar Tree</b> <b>(Jonesboro Road</b> <b>in Morrow)</b></p>
<p><b>11</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Abundant Life</p>	<p><b>12</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Ja'len with FDHA</p>	<p><b>13</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Mental Health Chat <b>11:00 Zumba</b></p>	<p><b>14</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Site Council Meeting</p>	<p><b>15</b></p> <p><b>TRIP</b> <b>Briarlake Village</b> <b>Red Lobster</b></p>
<p><b>18</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Watershed - Avis L. Paint and Chat</p>	<p><b>19</b> <b>St. Patrick's Day/</b> <b>First Day of Spring Party</b> 9:00 Cooked breakfast 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Games</p>	<p><b>20</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Mental Health Chat <b>11:00 Zumba</b></p>	<p><b>21</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Nutrition Lesson</p>	<p><b>22</b></p> <p><b>TRIP</b> <b>Kroger/Zaxby's</b> <b>(Chamblee-Tucker Road)</b></p>
<p><b>25</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Games/Puzzles 11:00 Health Chat</p>	<p><b>26</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Pokeno  (10-1 Paul Lee)</p>	<p><b>27</b> 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Health Chat <b>11:00 Zumba</b></p>	<p><b>28</b> 9:00 Coffee and Chat 9:30 Morning Motivation <b>10:00 Exercise</b> 10:30 Wellcare - Bingo</p>	<p><b>29</b></p> <p><b>TRIP</b> <b>Farmer's Market/Publix</b> <b>(Mt. Zion Rd in Morrow)</b></p>

12:00 Lunch Served Daily