

MON	TUE	WED	THU	FRI
<p>Transportation</p> <p>Transdev 404-965-3085</p>	<p>12:00 Lunch Served Daily</p>			<p>1 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Trivia 11:00 Activity Package 12:30 Afternoon Tunes</p>
<p>4 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Crochet w/Mary 10:30 Wellcare/Board Games 12:30 Afternoon Walk Club</p>	<p>5 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:00 Arts & Crafts 11:00 Sewing 12:30 Afternoon Tunes</p>	<p>6 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:30 COA Watershed 11:30 Word in a Word 12:30 Health Minute</p>	<p>7 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Walmart</p>	<p>8 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga 10:00 Sewing 11:00 Table Games 12:30 Dance Break</p>
<p>11 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Membership Meeting 11:00 Lankford Insurance 12:30 Afternoon Tunes</p>	<p>12 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Creative Writing 11:00 Jewelry Making 12:30 Dance Break</p>	<p>13 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Wine Down Wednesday 12:30 Health Minute</p>	<p>14 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga The Sock Shop</p>	<p>15 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 St. Patrick's Day Celebration 12:30 Afternoon Tunes</p>
<p>18 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Nails by: Elaine 10:30 Colorectal Awareness/ Bingo 12:30 Afternoon Walk Club</p>	<p>19 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Puzzle Day 11:30 Produce presentation 12:30 Afternoon Tunes</p>	<p>20 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba 10:00 Arts & Crafts 11:30 Nutrition 12:30 Health Minute</p>	<p>21 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Stretch & Flex Yoga Smokey Bones</p>	<p>22 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:30 Game Day w/CAU 12:30 Dance Break</p>
<p>25 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Nails by: Elaine 10:30 FC Sheriff's Office 12:30 Afternoon Tunes</p>	<p>26 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Brain Teasers 11:00 Egg Coloring 12:30 Afternoon Walk Club</p>	<p>27 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Zumba Hemphill Treatment Center</p>	<p>28 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics Easter Eggstravaganza</p>	<p>29 9:00 Coffee & Chat 9:15 Happy Hour 9:30 Chair Aerobics 10:00 Movie Day 12:30 Afternoon Tunes</p>

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