

MON	TUE	WED	THU	FRI
TRANSPORTATION Transdev 404-965-3085		1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Mental Health Chat 10:30 Zumba 11:00 Mental Health Chat	2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo	3 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Movie/Games
6 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Cinco de Mayo craft 10:30 Zumba 11:30 Health Chat	7 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Watershed (Avis L) 11:30 Exercise	8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Site Council Meeting 10:30 Zumba	9 9:00 Coffee and Chat 9:30 Morning Motivation TRIP Dollar Tree/Walmart (Jonesboro Road)	10 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo with Humana
13 Mother's Day Celebration 9:00 Cooked breakfast 9:30 Morning Motivation 10:00 Exercise 10:30 Craft	14 9:00 Coffee and Chat 9:30 Morning Motivation TRIP Dollar Tree/Popshelf Cheddars (McDonough, GA)	15 9:00 Coffee and Chat 9:30 Morning Motivation Older American Month Celebration speaker: Lori Miller 10:30 Zumba	16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 High Museum of Art 11:30 Exercise	17 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Trivia 11:00 Games
20 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Nutrition	21 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Pokeno	22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Health Chat 10:30 Zumba	23 9:00 Coffee and Chat 9:30 Morning Motivation TRIP Community Heath Fair (Saddie Mays)	24 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Ice Cream Social (Humana)
27 Memorial Day CENTER CLOSED	28 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise Memorial Day Celebration including a craft	29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Mental Health Chat 10:30 Zumba 11:00 "Wine" down Wednesday	30 9:00 Coffee and Chat 9:30 Morning Motivation TRIP Big Lots, Kroger (Chamblee Tucker Road)	31 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Movie