

MON	TUE	WED	THU	FRI
<p>BIRTHDAYS</p> <p>Claudia 6/5 Hayee 6/6</p>	<p>MILTON CARES comes in once a week for blood pressure checks, questions and answers and conversation</p>			
<p>3 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 10:00 Brain Teasers 11:00 Senior Stretch w/ Emery Fit 12:00 Lunch Served</p>	<p>4 8-12:00 Coffee/Chat/Cards 9:15 Chair Yoga 10:00 Right at Home - "Communicating with Our Adult Children" 11:00 Bingo</p>	<p>5 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 10:30 Tai Chi 11:00 Art Class 12:00 Lunch Served</p>	<p>6 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:30 Group trip to Slopes BBQ</p>	<p>7 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve Your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>10 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 10:00 Brain Teasers 11:00 Senior Stretch w/ Emery Fit 12:00 Lunch Served</p>	<p>11 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Nutrition Class 11:00 Bingo 12:00 Lunch Served</p>	<p>12 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 10:30 Tai Chi 11:00 Art Class 12:00 Lunch Served</p>	<p>13 8:00 Coffee, Tea & Chat 9:00 Inspirations 10:00 Site Council 10:30 Group trip to Father's Day lunch at Cracker Barrel</p>	<p>14 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>17 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 10:00 Brain Teasers 11:00 Senior Stretch w/ Emery Fit 12:00 Lunch Served</p>	<p>18 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Chair Yoga 10:00 Games 11:00 Bingo 12:00 Lunch Served</p>	<p>19 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 10:30 Tai Chi 11:00 Art Class 12:00 Lunch Served</p>	<p>20 8:00 Coffee, Tea & Chat 9:00 Inspirations 10:00 Site Council 10:30 Group trip to Dollar Store, Walmart Dairy Queen</p>	<p>21 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>
<p>24 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 10:00 Brain Teasers 11:00 Senior Stretch w/ Emery Fit 12:00 Lunch Served</p>	<p>25 8-12:00 Coffee/Chat/Cards 9:15 Chair Yoga 10:00 "Brain Health" w/ Senior Provisions 11:00 Bingo 12:00 Lunch Served</p>	<p>26 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:15 Knitting Group 10:30 Tai Chi 11:00 Art Class 12:00 Lunch Served</p>	<p>27 8:00 Coffee, Tea & Chat 8:00-10:00 Table Games 9:00 Inspirations 10:30 Group trip to Olive Garden</p>	<p>28 8-12:00 Coffee/Chat/Cards Rummikub/Bananagram... 9:00 Improve your Memory 10:00 Exercise Class 11:00 Bingo 12:00 Lunch Served</p>

Lunch Served Daily