

MON	TUE	WED	THU	FRI
1 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Health Chat 11:00 Trivia	2 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo	3 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 History of 4th of July 10:30 Zumba 11:00 4th of July Craft 12:00 4th of July Lunch!	4 <p style="text-align: center;">4TH OF JULY CENTER CLOSED</p>	5 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Movie and Games
8 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 11:00 Lunch and Learn (with volunteers)	9 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Health Chat 11:00 Trivia	10 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Site Council Meeting 10:30 Zumba	11 9:00 Coffee and Chat 9:30 Morning Motivation <p style="text-align: center;">TRIP Walmart, Dollar Tree, Stevie B's (Douglasville)</p>	12 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Bingo
15 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Drums Alive 10:30 Health Chat	16 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Moon Landing Anniversary craft	17 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Trivia 10:30 Zumba 11:00 "Wine" down Wednesday	18 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Nutrition	19 9:00 Coffee and Chat 9:30 Morning Motivation <p style="text-align: center;">TRIP Briarcliff Village</p>
22 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Health Chat 11:00 Watershed	23 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Trivia 11:30 Celebration of National Ice Cream Day (21st)	24 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Hangman 10:30 Zumba 11:00 All things considered	25 9:00 Coffee and Chat 9:30 Morning Motivation <p style="text-align: center;">TRIP The Socke Shoppe Popeye's/Wendy's/ JJ's Fish and Chicken</p>	26 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Exercise 10:30 Pokeno
29 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Drums Alive 10:30 Friends are friends forever 11:00 Rebus Puzzles	30 9:00 Coffee and Chat 9:30 Morning Motivation <p style="text-align: center;">TRIP Baybreeze</p>	31 9:00 Coffee and Chat 9:30 Morning Motivation 10:00 Health Chat 10:30 Zumba 11:00 The music of our lives	TRANSPORTATION Transdev 404-965-3085	

Lunch Served Daily