

MON	TUE	WED	THU	FRI
1 9:00 Check-in, Coffee & The Daily Chronicle 9:00 Table Top Games 10:00 July Special Days Review 11:00 Tai Chi w/Grace	2 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Travelin' Tuesday-Hotel Safari in Africa/ESL class 11:00 Senior Stretch	3 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 Chair Yoga class w/Ana 11:00 Wheel of Fortune Game Self Care Check-in-HM	4 HAPPY INDEPENDANCE DAY CENTER CLOSED	5 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:30 Group Trip to the Alpharetta Art Center
8 9:00 Check-in, Coffee & The Daily Chronicle 9:00 Table Top Games 10:00 Colorful Characters Day 11:00 SingFit Music & Move 11:30 Site Council Meeting	9 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Family Feud Game/ESL 10:30 Senior Stretch 11:00 Legacy Healthcare Chat	10 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 Operation Husky Day 10:30 Catagories Puzzle 11:00 Chair Yoga class	11 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 Right@HomeHealthChat 11:00 Bingo Hour/Exercise Low Vision Awareness-HM	12 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Group Trip to PopShelf and Chick Fil A for Lunch
15 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Famous Faces Bingo 11:00 Tai Chi w/Grace	16 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:30 Travelin' Tuesday- A Summer in Paris 11:30 Senior Stretch	17 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 Chair Yoga class w/Ana 11:00 Happy B'Day Disneyland 11:30 Words in a Word Puzzle	18 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Spiro 100 Exercise Video 10:00 Nutrition Chat-OH Blood Pressure Clinic 11:00 Bingo Hour	19 9:00 Check-in, Coffee & The Daily Chronicle 9:30 TableTop Games 10:00 Group Trip to Target and First Watch for Lunch
22 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Blue Monday 11:00 Chair Dance class	23 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:30 Wheel of Fortune 11:00 Senior Stretch 11:30 Hymn SingAlong w/Ann	24 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 Chair Yoga class 11:00 Robert w/ Edward Jones	25 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Cards Games & Puzzles 10:00 SingFit Music & Move 11:00 Bingo Hour	26 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Sit and Bfit 10:30 Popcorn and a Movie
29 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 Group Outing to the Dollar Tree 11:00 SingFit Music & Move	30 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Table Top Games 10:00 ESL class/Hangman Fun 10:30 Travelin' Tuesday 11:00 Senior Stretch	31 9:00 Check-in, Coffee & The Daily Chronicle 9:30 Stations of Engagement 10:00 Chair Yoga class 11:00 Pictionary Fun 11:30 Short Story & Discussion	HAPPY BIRTHDAY Guorong D 07/10 Gustav H 07/13 Han 07/19 Andrew L 07/22	STATIONS OF ENGAGEMENT Arts and Crafts Physical Games Educational Videos Games and Puzzles Cooking Activities

Lunch Served Daily