

MON	TUE	WED	THU	FRI
1 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 ABC Word Game 11:00 Watershed of Atlanta 12:15 Health Minute	2 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Daily Dose Of Fitness 10:30 Drums Alive 11:00 Table Game 12:15 Current Event	3 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 New Horizon Pre Independence BBQ 12:15 Prodcue Distribution	4 Independence Day Observed Center Closed	5 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Daily Dose Of Fitness 10:30 Lets Make a Deal 11:00 Charade 12:15 Afternoon Trivia
8 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Table Game 11:00 Site Counsil Meeting 12:15 Word Game	9 9:00 Coffee & Chat 9:30 Inspiration Vitimin Group Trip Walmart & Popyes (Ellengwood)	10 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Discussion & Snacks Georgia Tech 12:15 Old School Music	11 9:00 Coffee & Chat 9:30 Daily Dose Of Fitness 10:00 Nutrition 10:30 Pokeno & Prize Oak Street Health 12:15 Afternoon Stretch	12 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Drums Alive 10:30 Art & Craft 12:15 Brain Game
15 9:00 Coffee and Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Crochet/Knitting Sewing/Jewellery 12:15 Afternoon Trivia	16 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Daily Dose Of Fitness 10:30 Bingo & Prizes Ms. Alves & Team 12:15 Board Game	17 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Games and Prizes West Side Future Fund 12:15 Games & Puzzles	18 9:00 Coffee & Chat 9:30 Daily Dose Of Fitness Group Trip Shock Shope (Griffin)	19 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Daily Dose Of Fitness 10:30 Hangman 11:00 Foot solutions 12:15 ABC Word Game
22 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Senior Game & Prizes Axxess Benefits(Drew) 12:15 Health Minute	23 9:00 Coffee & Chat 9:30 Inspiration Vitimin Group Trip Burlington & Chillis (East-West Connector)	24 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Sip/Snacks & Paint Humana(Ronnise) Old School Music	25 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Daily Dose Of Fitness 10:30 Blood Pressure Testing and Education Centerwell 12:15 Word Game	26 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 New Horizon Senior Fish Fry Day 12:15 Jazz & Blues Music
29 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Crochet/Knitting Sewing/Jewellery	30 9:00 Coffee & Chat 9:30 Inspiration Vitimin Group Trip Fry Green Tomato (Newnan)	31 9:00 Coffee & Chat 9:30 Inspiration Vitimin 10:00 Zumba 10:30 Ice Cream Social 12:15 Old Soul Music	Transdev (404)965-3085	

Lunch Served Daily 12:00