SeniorServices
NORTH FULTON

New Horizon Senior Center/745 Orr St /Atlanta, GA 30314/(404)612-1345

November 2026

MON	TUE	WED	THU	FRI
2 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Board Game 11:00 Adult Art & Craft 12:15 Afternoon Tune	3 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Daily Dose Of Fitness 10:30 How to prepare for life Unexpected Changes(Shawn) 12:15 Health Minutes	4 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Passion to Care(Joe) Pre Christmas 12:15 Word Game	5 9:00 Coffee & Chat 9:30 Inspirational Vitamins Group Trip Walmart/Popeyes Atlanta,GA (Blue)	6 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Drums Alive 10:30 Senior Breakfast & Chat 11:00 Organizer for the Overwhelmed(Laura)
9 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Nutrition 11:00 Site Counsil Meeting 12:15 Health Minute	10 9:00 Coffee & Chat 9:30 Inspirational Vitamins Group Trip Milk and Honey Decatur, GA	11 Center Closed In Observance Of Veterans Day 	12 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Hangman 10:30 Washington Park Library 12:15 ABC Word Game	13 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Daily Dose Of Fitness 10:30 Pre Thanksgiving Sip and Paint(Aetna) 12:15 Afternoon Tune
16 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Thankful Turkey Washington Park Library 12:30 Afternoon Trivia	17 9:00 Coffee & Chat 9:30 Inspirational Vitamins Group Trip The Village at Mableton/Zaxby's Mableton, GA(Green)	18 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Health & Wellness Affinity Health(Patricia) 12:15 Lets Make a Deal	19 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Daily Dose Of Fitness 10:30 Bingo & Prizes Nightingate Home Care 12:15 Healthy Minute	20 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Drums Alive 10:30 Pre Thanksgiving Dinner Christmas Tree Decoration 12:15 Atlanta Police Institute
23 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Thanksgiving Trivia 11:00 Senior Pokeno Game 12:15 Adult Coloring	24 9:00 Coffee & Chat 9:30 Inspirational Vitamins Group Trip Festival of Trees/Chick-Fil-A Duluth, GA(Yellow)	25 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 The Price Is Right Game and Prizes(Katherine) 12:15 Afternoon Tune	26 Center Closed In Observance Of Veterans Day 	27 Center Closed In Observance of Day After Thanksgiving
30 9:00 Coffee & Chat 9:30 Inspirational Vitamins 10:00 Zumba 10:30 Senior Knitting /Jewelry Making 12:15 Health Minute		28	29	Transdev (404)965-3085